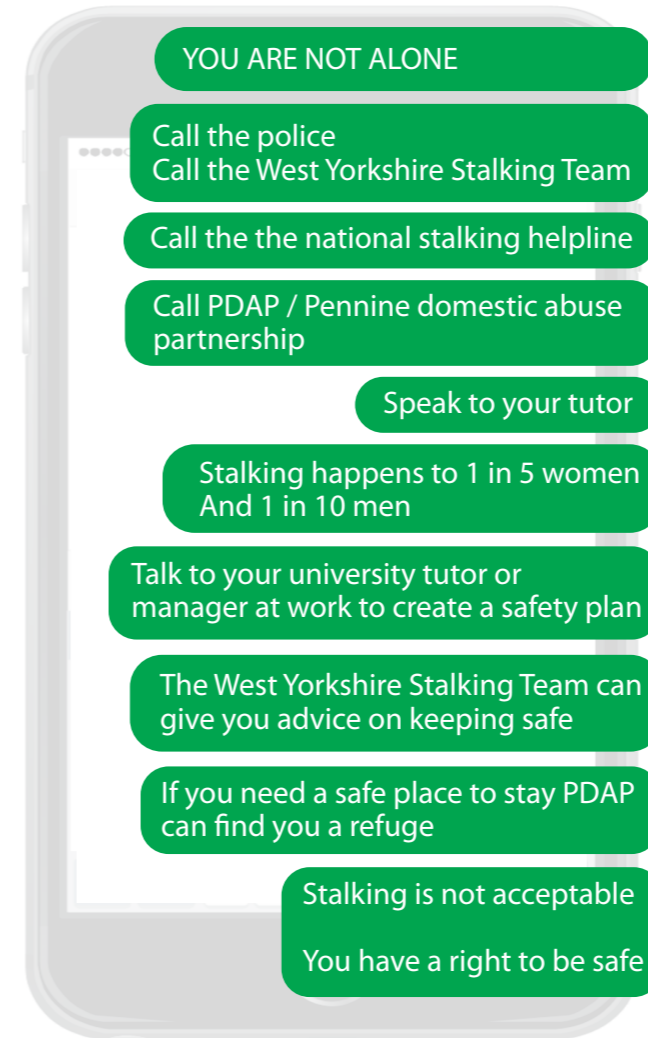
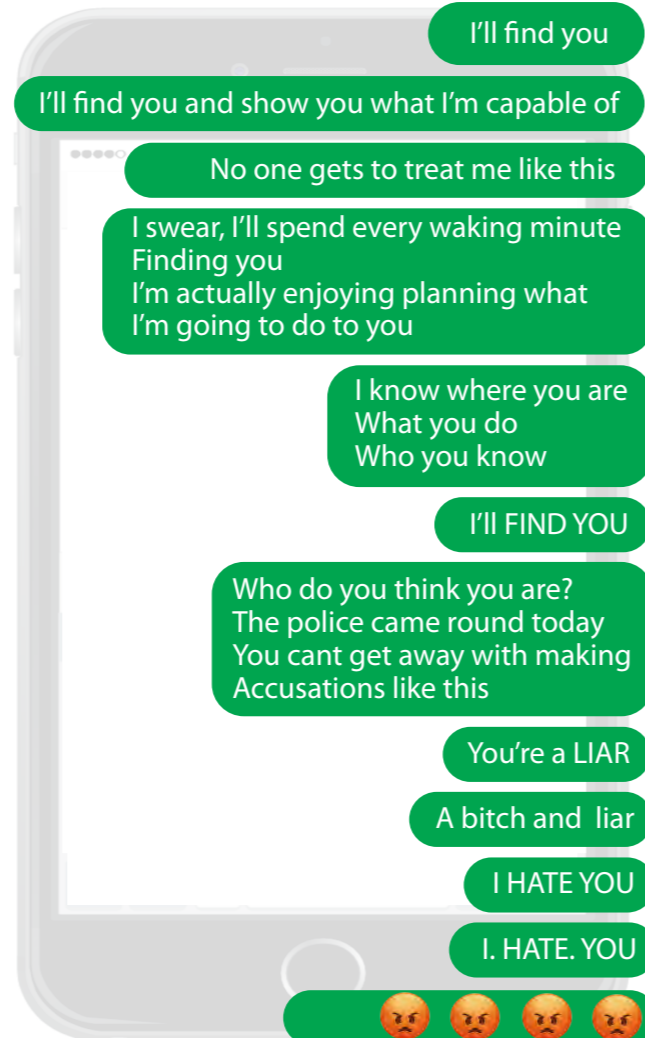
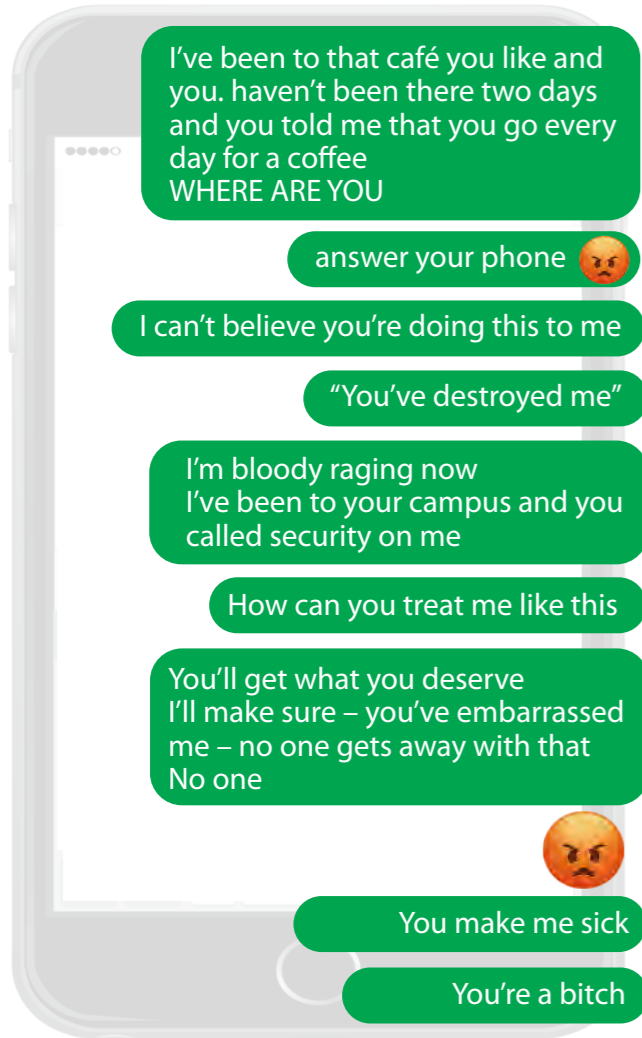




# ‘From First Dates to Stalking’



I can't tell you how much I enjoyed our first date

You are gorgeous, funny and so clever... you are the complete package for me

You are my soul mate  
Could it be that you are the one?!!

I think I'm falling in love with you ❤️

I woke up this morning and my first thought was of you ...  
I can't stop smiling 😘

I can't wait to meet you again xxx

I've just called you- I know you are at work but I wanted to hear your voice

Send me a photo – I want to frame it to put it by my bed so yours is the face face I see every morning

Fancy a picnic this weekend? I can't wait to spend more time with you

What are your plans today- what are you doing with your beautiful self?

Hi darling  
I've not heard from you  
Are you ok?  
Did you get my messages yesterday?  
X

I'm worrying- where are you ? Xxx

Please answer my texts x

Please answer your phone x

I'm really getting worried now – I've been to your work and you're not there  
Please call me xxx

I've just been to the park where you run every day and you're not there either  
I'm getting worried- please call me xx

I can't stop thinking about you  
Please call me back x

How can you have me frantic like this? Where are you ?  
Just tell me that your safe x

What's going on? I saw you running into work when I was waiting for you outside and shouted you but you ignored me

Wtf I've just tried to get in your office and the jobsworth at the front desk wouldn't let me in to see you  
WOULDNT LET ME IN !!!!

Tell him he has let me in. I need to see you PLEASE!!!

I just wanted to talk

Why aren't you answering my text?  
You have responded to the last 20 I've sent  
- what have I done wrong ??? 😞

I love you- please call me

Call me

Call me

Where are you?

Where is your car it's not at yours

Are you at uni? You're not on campus- I've been parked up all morning and you've not there

**If you are experiencing abuse, harassment or stalking and want to get help contact.....**



**Pennine Domestic Abuse Partnership**  
24 hour free helpline **0800 052 7222**



**West Yorkshire Independent Stalking Advocacy Service**  
Call **03003 730978** or  
email [WY\\_ISAC\\_Service@victimsupport.org.uk](mailto:WY_ISAC_Service@victimsupport.org.uk)  
or contact the Charity's National 24/7 support line on **08 08 16 89 111**



**National Stalking Helpline**  
Call on **0808 802 0300** during opening hours  
(Weekdays 09.30-16.00 (till 20.00 on Wednesdays))

**The Suzy Lamplugh Trust**  
Runs the helpline, lots of info about Stalking on their website:  
<https://www.suzylamplugh.org/pages/category/national-stalking-helpline>